

## 自我評估影響因素問卷（最終版） Predictors of Self-assessment Questionnaire (Final)

自我評估是指學生主動獲取關於自己的學習過程和結果的反饋信息，進行反思，找出自己的強項和弱點，並進行改善。

*Self-assessment is a process during which students self-directly seek feedback and reflect on the quality of their work and their learning, identify strengths and weaknesses in their work, and revise accordingly.*

### Response Scale

- 1- Strongly Disagree
- 2- Disagree
- 3- Slightly Disagree
- 4- Slightly Agree
- 5- Agree
- 6- Strongly Agree

*The “Self-assessment” in the following items refers to self-assessment activities mentioned above. Please indicate your answers based on your own situation.*

### 工具性態度

#### **Instrumental attitude**

- Self-assessment gives an accurate appraisal of my performance.
- Self-assessment helps me to understand my strengths and weaknesses.
- Self-assessment raises my interest in learning.
- Self-assessment encourages me to work harder.
- Self-assessment encourages me to be independent in my learning.
- Self-assessment improves my confidence in learning.
- Self-assessment helps me learn more efficiently.
- Self-assessment raises my scores and grades.
- Self-assessment helps me track my progress.
- Self-assessment is a way to determine how much I have learned from teaching.
- Self-assessment helps me check my progress against achievement objectives.

### 情感性態度

#### **Affective attitude**

- I like self-assessment.
- Self-assessment is an engaging experience for me.
- Self-assessment is interesting.
- I enjoy the process of self-assessment.

## 持份者對自我評估的觀點

### **Subjective norms**

I believe the principal of my school wants all students to self-assess.

I believe my teachers want me to do self-assessment.

Among my friends we know self-assessment will help us learn.

I believe my classmates take self-assessment seriously.

### **自我效能**

#### **Self-efficacy**

I know how to implement self-assessment.

I can find materials (e.g., reference books, exam papers) against which to assess myself.

I have enough knowledge to implement self-assessment.

I can design appropriate tasks to assess myself.

I can tell when my work is actually good or bad.

### **控制度**

#### **Controllability**

I have the freedom whether or not to implement self-assessment.

The frequency of self-assessment is up to me.

I decide which method of self-assessment to use.

I am in charge of deciding when I should do self-assessment.

### **心理安全**

#### **Psychological safety**

I feel uncomfortable if others know my self-assessment results. (R)

It is difficult to accept my self-assessment results if they are below my expectations. (R)

I blame myself if my self-assessment is not positive. (R)

I am too embarrassed to ask others for feedback in the process of self-assessment. (R)

Honest self-assessment brings me negative consequences. (R)

Others will think that I overvalue myself if I give myself high marks in my self-assessment. (R)

Others will think badly of me if my self-assessment results are poor. (R)

### **實施自我評估的意願**

#### **Intention**

I willingly assess myself.

Of my own accord, self-assessment is integrated into my learning.

I am enthusiastic about making sure self-assessment is part of my studying. I am willing to design appropriate assessment tasks for self-assessment.

I readily make an effort to assess myself.

I plan to implement self-assessment in all my studies.

